

RB Africa Wild Coast Challenge

Entry Form | 6 – 8 March 2025



PLEASE ONLY ENTER THIS EVENT IF YOU ARE A CONFIDENT SWIMMER AND ARE PHYSICALLY FIT

This event takes place in the Transkei where there is limited access to the route by road. In the event of an emergency our medics may take several hours to reach participants.

ENTRY REQUIREMENTS:

- Participants must be able to comfortably complete a 21 km trail in under 4 hours.
- Participants must be able to comfortably swim 100m in a flowing river and/or open water.

SURNAME		NAME	
ID NUMBER		AGE	M / F
CELL NUMBER		CITY	
EMAIL			
DIETARY REQUIREMENTS		NUMBER OF PREVIOUS RB WCC's	
RUNNING PARTNER/S		ROOMING PARTNER/S	

MEDICAL AID		MEDICAL AID NUMBER	
ANY MEDICAL CONDITIONS WE SHOULD BE AWARE OF			
EMERGENCY CONTACT		EMERGENCY NUMBER	

ENTRY DETAILS

EARLY HERD ENTRY Entries open 1 April 2024 Available to 2024 and 5+ herd	R 9 450	<u>Non-refundable, non-transferrable</u> deposit of R 1000 due by 30 April 2024 to secure your spot at this price. Balance of payment due by 30 Nov 2024. Payment plan available. Special garment for those that have paid in full by 1 Oct 24.
REGULAR ENTRY Entries open 1 May 2024	R 9 950	<u>Non-refundable, non-transferrable</u> deposit of R 1000 to secure your spot. Places reserved on a first come, first served basis. Balance of payment due by 30 Nov 2024. Payment plan available. Special garment for those that have paid in full by 1 Oct 224.
NON RUNNER - FULL ENTRY	R 9 450	Available to family/ friends of the herd. Entry includes transport, accommodation and all event gear (box, clothes etc.)
NON RUNNER - ACCOMM	R 7 950	Available to family/ friends of the herd. Entry includes accommodation only.

T-SHIRT	MALE			FEMALE		FUNKY PANTS	MALE		FEMALE		
XS	S	M	L	XL	XXL	XS	S	M	L	XL	XXL

Note: We will not be held responsible for incorrect clothing size allocations if entry form is not completed and submitted

The organisers may decide to start participants in batches for safety purposes. Batches will be required to start and finish together. Please indicate your batch based on your current fitness - you will be able to change closer to the time.	A	Comfortably complete 21 km trail in under 2 hours
	B	Comfortably complete 21 km trail in 2 - 3 hours
	C	Comfortably complete 21 km trail in 3 - 4 hours

Please EFT your entry fee into the following account. Use *WCC Initial & Surname* as reference (e.g. *WCC D Davies*)

RB Adventures | FNB | 627 540 432 49 | 250655

Email completed entry forms and proof of payment to Dominique@rbafrica.co.za

RB Africa Wild Coast Challenge

The Small Print



SUBSTITUTION POLICY

Deposits are non-refundable and non-transferrable. Substitutions may take place until 6 February 2025. If you would like to withdraw, please contact the event organisers so your place may be offered to the waiting list. If the waiting list is empty, the onus is on you to find a substitute. Once the substitute has confirmed, entry fees will be refunded minus the deposit. Participants may be offered the opportunity to defer their entry to the following year. Substitutions after 6 February 2025 may take place at the event organisers discretion, only if a substitute is found and with an additional substitution fee of R1000. Event gear in the correct sizes is not guaranteed. Participants who withdraw after 7 February 2025 and do not have a substitute will forfeit their place and their entry fee.

INDEMNITY

I hereby state that I have chosen to take part in the RB Africa Wild Coast Challenge (WCC) of my own free will. I indemnify RB Adventures, its directors, employees and volunteers against all claims, losses, demands, actions, damages and causes of action whatsoever arising directly or indirectly out of my acts connected with or arising out of the WCC, whether suffered by me or any other third party, and I hold the indemnified party harmless there from.

I understand that the WCC may be inherently dangerous and may result in certain risks to persons that can result in property damage and serious physical injury. I further understand that RB Adventures, its directors, employees and volunteers will not be and/or are not responsible for any injuries, property damage or liability that may arise from my participation in the WCC I assume full responsibility for the decision, and the consequences thereof, to take part in the WCC.

Date: _____

Place: _____

Full name: _____

Signature: _____

TAKE NOTE –PLEASE READ CAREFULLY

- All new entrants must submit proof by 31 January 2025 that they have completed a 21 km trail in under 4 hours and that they can confidently swim 100m in a river and/or open water. Proof must be in the form of an official event result or a Garmin / Strava submission. Proof of swimming ability may be an official certification or video.
- Participants must be comfortable using a flotation device in a flowing current.
- All entrants must enter with a partner/s of a similar ability with whom they will cross all rivers and may be required to finish each day. The organisers may decide to start participants in batches for safety purposes. Batches will start together and may be required to wait for all members of their batch at predetermined points.
- This event is not a race. Participants may be requested to wait for other runners in the interest of safety.
- Participants are required to cross several rivers. Canoes are guaranteed for the Mbashe crossing only. Participants must be comfortable using their own flotation device. No river crossing may be attempted alone. If uncomfortable, participants must wait for the sweeper to assist with the river crossing.
- The route is unmarked. It covers a mixture of virgin beach stretches, rocks and boulders, single cattle track, hiking trails, old Jeep track, and sections of gravel. The sea remains at all times on your left.
- In case of emergency, alert a race director, medic or nearest fellow athlete. Note that there may not be cellphone reception at all times – **please try and get to the nearest point of signal and inform the race directors of your situation and location.**
- There will be no cut-off points along the route, everyone will complete each day.
- Everyone is required to pack their belongings in a box which will be transport to the next destination each day. The boxes are L61cm x W41cm x H34cm

- I understand and agree to the above.
- I consent to images of myself participating in the event being used on marketing material and / or social media.
- I understand that I am required to cross flowing rivers without support and that it is my responsibility to ensure I am adequately equipped to do so.
- I understand that this event takes place in the wild and that I am at all times responsible for my safety.

SIGNATURE OF PARTICIPANT _____

RB Africa Wild Coast Challenge

Event Programme



Weds 5 March 2025 | Travel from EAST LONDON

- 08h30 - Meet and greet @ 71A Harewood Drive, EL
Transfer items to event boxes
- 10h00 - Shuttles depart
- 15h00 - Arrive at The Haven , check in
- 16h30 - Compulsory kit check and Safety Briefing
- 17h30 - Introductions, briefing and Day 1 flyover
- 19h00 - Dinner in the restaurant

DAY 1 Thurs 6 March | THE HAVEN – KOB INN | 38 km

- 06h00 - Breakfast
- 07h00 - The Herd departs The Haven. Compulsory stop at Mbashe river
- 18h00 - Photos, Day 2 flyover, fines and Q&A
- 19h00 - Dinner

DAY 2 Fri 7 March | KOB INN – SEAGULLS | 39 km

- 06h00 - Breakfast
- 07h00 - The Herd departs Kob Inn
- 18h00 - Photos, Day 3 flyover, fines and Q&A
- 19h00 - Dinner

DAY 3 Sat 8 March | SEAGULLS – CRAWFORDS | 43 km

Please wear your race funky pants and event T-shirt

- 05h30 - Breakfast
- 06h30 - The Herd departs Seagulls, heads for The Pont for a compulsory stop.
- 18h00 - Post event awards followed by Crawfords buffet dinner.

Sun 10 March

Lie in, chill, indulge at Crawfords buffet breakfast.

Family welcome to join at Crawfords at own cost, please let us know in advance if you would like to book them in for Saturday night.

ENTRY FEE INCLUDES

- **4 nights' dinner, bed, breakfast** in 4 of the best Wild Coast hotels (The Haven, Kob Inn, Seagulls, Crawfords Beach Lodge).
- Awesome event box to pack your kit
- Stylish Funky pants, T-shirt and Peak
- Medical support
- Transport from East London to starting point
- Bucket list - ✓
- Adventure of a lifetime

The entry fee DOES NOT include travel to EL, hotel beverages or hotel lunch.

*Please note accommodation will be shared. Couples will be accommodated in double rooms. Running partners/groups will be accommodated in shared rooms.

Compulsory Kit List

The kit listed below must be carried every day:

- **Flotation device / dry bag** that can be blown up to assist with flotation
- **Water bottle / hydration pack** with minimum capacity of 1.5l
- **Wind breaker / rain jacket**
- **Mobile phone** with RSA reception and emergency numbers stored in a dry bag
- **Snacks** for running – be prepared in case the medics cannot get to the water points.
- **Basic medical kit** including strapping tape.
- **Cash** – to tip the ferrymen and in case of emergency
- **Space blanket**
- **Whistle**
- **Waterproof firelighters**

It is recommended you pack the below in your box.

- Combination locks for your box
- Head lamp
- Warm jacket

** Times are subject to change based on conditions outside of our control. Race organisers will communicate any changes to all participants.*

Please note: This is not a competitive event and there will be no podium prizes. Medals will be awarded only to Finishers or to participants that have completed at least 80% of the route (at the event directors' discretion)

Event will take place regardless of weather | Leave only your footprints – litter bugs will not be tolerated.

The organisers reserve the right to cancel / postpone the event should conditions be deemed unsafe for participants

For more information contact Dominique: Dominique@rbafrica.co.za | 076 151 2852

For accommodation at the start, East London (Race BnB) contact Liam: 082 553 3572